



## WHEN TO STAY HOME

If your student has **1 of the following symptoms** they must stay home from school.

- FEVER OF 100.0 OR HIGHER (Must be 24 hours fever free without medications before returning to school)
- SHORTNESS OF BREATH OR DIFFICULTY BREATHING
- NEW LOSS OF TASTE OR SMELL
- RED OR SWOLLEN EYE WITH MUCOUS DISCHARGE
- NEW UNEXPLAINABLE RASH

If your student has **2 or more of the following symptoms** they must stay home from school.

- CHILLS
- HEADACHE
- SORE THROAT
- CONGESTION OR RUNNY NOSE
- NAUSEA
- VOMITING
- DIARRHEA

Please contact Nurse Heidi if your child is ill. She will make suggestions regarding follow-up with your family physician and will also advise you when your student can return to school.

