Students may choose to visit the counselor for:

- Academic planning
- Career planning
- Peer relationship concerns
- Social skills development
- Family issues
- Resolving conflicts
- Crisis situations
- Any other concerns or questions
Student Rights

You have the right to...

• Privacy and confidentiality.

• Know the goals of counseling.

• Know what techniques will be used in the counseling process.

• Know the risks and benefits of counseling procedures.

• Know the qualifications of the counselor.

• Terminate the counseling relationship.

• Not be discriminated against on the basis of sex, race, color, national origin, sexual preference, or handicap.

• Refuse any undesired service.

LIMITATIONS TO CONFIDENTIALITY

Confidentiality is limited when...

• A client or someone else is in harm's way.

• Abuse or neglect is suspected.

• The client gives consent to share information.

• The counselor consults with other mental health professionals when it is in the best interest of the client.

• Illegal activity is likely to occur.

• Information is ordered by the courts.

The student has the responsibility to...

• Provide the counselor with information so the client can be helped effectively.

• Actively participate in the counseling sessions and in the counseling procedures that are designed to help the client.

• Avoid participating in activities that may be harmful or hurtful to self or others.

• Respect others’ confidentiality if participating in group counseling sessions.